Dear Parents and Students,

Our Annual Sports Day will be held at Quaama this Thursday. Unfortunately I am required at a Principals’ Meeting in Sussex Inlet, but Mr Markham and Mrs McHarg will be supervising the students in my absence. Quaama is always a great opportunity for our students to mix with a like-sized school and to show their talents on the track. Please make sure your child is on time on Thursday as the bus will be leaving at 9.15am, and that they have warm clothes, a hat and their food for the day. Parents are more than welcome to attend the day but will have to make their own way to Quaama. From the Sports Day, a team of primary students will be selected to take part in the District Athletics Carnival later in the term.

Next week is Education Week in all government schools in New South Wales. It is a chance for schools to showcase some of the wonderful things that happen in public schools. On Friday, August 5th, our school will be holding an Open Classroom session, followed by a chance to eat lunch with your child. The Whole School Assembly will be run by the Primary Class featuring some of the music they have been learning with Louise, followed by a P&C Meeting in the afternoon. You are invited to spend the day at school from 11.45am onwards and see some of the things your child has been working on this year. I hope you can make it.

On a sad note for our school, Mr David Ashford, our School Education Director, has announced his retirement. David has been a great supporter of our school over many years and has regularly attended our School and Presentation evenings. I wish him well in his well deserved retirement and thank him for the positive influence he has had on Central Tilba Public School.

Regards, John Carter

Hi all,
Hope you had a happy holiday break and enjoyed doing some knitting too. Some children have already brought in their completed squares and they are looking great. Could you please send in your child’s completed knitted square(s) by next Friday, August 5th. I would like to get them all in so that I can sew it all together into a blanket.

If any children need more help with their knitting, I will come up to the school next Monday for the last lunch break to help anyone who needs. (August 1st, 1.50-2.10pm).

Also, please return the needles and any leftover wool as we may want to do this activity again in the future.

Thanks a lot, Jo Lane

LIBBY AND HER GRANDPARENTS HAVE DONE A FANTASTIC JOB IN KNITTING AND PUTTING TOGETHER A WHOLE BLANKET. WHAT A GREAT EFFORT!!
**Bits & Pieces**

Can all students please bring a safety pin to the sports carnival tomorrow, to pin their ribbons on to their sports uniform. A Bookclub brochure was attached to last week's newsletter. Please return order form and payment by this Friday, July 29th, if you wish to make a purchase.

'Empty meat trays' needed for work in our garden. Please send in any meat trays - black or white - making sure they have been fully washed and are clean. Thank you.

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**QUAAAMA ATHLETICS CARNIVAL - THURSDAY, JULY 28TH**

- The Annual Athletics Carnival at Quaama with Quaama Public School will take place this week - tomorrow Thursday, July 28th, commencing at 10.00am. Bus departs at 9.15am sharp, so DON'T BE LATE!
- The **subsidised cost of this excursion is $5 per student, whether or not students travel on the bus**. If payment is a problem, please see John. It is expected (as usual) that **ALL students will travel on the bus to Quaama as this is a school excursion and the ‘team spirit’ on the bus is always great for the children.**
- Students should wear their full school sports uniform, including their school hat and suitable runners. Make sure they take a warm jumper or jacket with them as the weather can be quite cold in Quaama.
- All parents are welcome and encouraged to come along and enjoy what is always, a great day (and, of course, participate in the annual parents’ tug-o-war). Bring a chair or rug to sit on, as well as your picnic lunch or buy it from the canteen.
- Parents - if you do decide to take children home with you, please advise a teacher before leaving the ground with them. If you are taking other children home apart from your own, please ensure you have a note from their parents.
- There is a canteen available on the day. Please ensure that your child has sufficient food and drinks for the day (EVERY child should take their water bottle).
- Please sign the permission attached to this newsletter and return **FIRST THING TOMORROW** with subsidised excursion contribution of $5 per student.

**PLEASE NOTE: There will be NO supervision at school for children not participating in the athletics carnival.**

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**CANTEEN MENU**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>SOUP (vegetable)</td>
<td>$1.00</td>
</tr>
<tr>
<td>BACON &amp; EGG ROLL (morning only)</td>
<td>$4.00</td>
</tr>
<tr>
<td>SAUSAGE IN BREAD</td>
<td>$1.50</td>
</tr>
<tr>
<td>JUICE</td>
<td>$1.20</td>
</tr>
<tr>
<td>WATER</td>
<td>$1.20</td>
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<tr>
<td>TEA AND COFFEE</td>
<td>$1.00</td>
</tr>
<tr>
<td>CAKE, SLICES, BISCUITS</td>
<td>20c – 50c</td>
</tr>
<tr>
<td>FRESH POPCORN</td>
<td>20c</td>
</tr>
<tr>
<td>FRESH FRUIT SLICES</td>
<td>20c</td>
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</tbody>
</table>
SCHOOL ENVIRONMENTAL MANAGEMENT TEAM

Last term a rubbish audit was conducted by members of our Environmental Management team. The results of that audit appear are:

**Summary of Waste Audit for Central Tilba School 27th June 2011**

**Observations made by students during audit:**

- Overall waste has been reduced, but still too much compost material placed in general rubbish bin.
- We need to check with someone from Council on what types of plastic can be recycled in our Shire and how much separation is needed.
- **Most of the landfill rubbish was from lunch packaging.** Food scraps need to be taken out of wrappers before being placed in the compost bin. Milk and food containers need to be rinsed before they are placed in the recycling bin. Could some yoghurt tubs be reused for art room or other uses?

The results show that students at Central Tilba Public School are working to reduce the amount of landfill created, but we still have a long way to go. As parents and carers, we can help by trying to reduce the amount of packaging of food that we send to school. If we can reuse containers to put lunches in (eg use a plastic container rather than wrapping sandwiches in cling wrap) we can help to make a difference. In most cases it is we as parents who pack our children’s lunch boxes. Could we try to make an effort to reduce the amount of packaging of food we send to school.

**Different types of Rubbish in general Rubbish bin at Central Tilba School 27th June 2011**

**Comparison of total waste at Tilba School**

**MILKSHAKES**
Don't forget to send your milkshake order in by Wednesday every week.

**WHOLE SCHOOL PHOTO**
On display in the office and available to order at $20 each. Use order form or contact Linda. Orders in by Friday, August 5th.
**SMALL SCHOOLS SOCCER** - Our next match is against Otford Public School, which will take place in Nowra (roughly half way between Otford and Tilba) on Wednesday, August 10th (in two weeks time). At this point I am negotiating to use the bus from the Cobargo scouts. More information will be sent home closer to the event. There will be a cost involved to use the bus (i.e., to pay for petrol and a donation to the Scouts), but costs will be kept to a minimum.

**SCHOOL VEGGIE GARDEN** - If you have some spare time on Monday afternoons, parents are invited to help with gardening alongside the students from 2.30pm. Tending the veggie garden, weeding and planting are all items on the agenda. We plan to garden every second Monday, starting next Monday, August 1st. The other dates for this term will be August 15th, August 29th, September 12th and September 26th. Bring along some old clothes and gardening gear and join us.

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**NAROOMA HIGH SCHOOL**

If your child is starting high school next year and you would like to see what Narooma High School can offer your child, we welcome prospective parents and students to attend an Open Afternoon on Thursday, August 3rd, between 4-5pm. Follow the signs to the library and have a cuppa and a chat with some of the teachers and the Principal. We look forward to seeing you there! For all enquiries please phone the school on 4476 4377.

**ILYO TAEKWONDO CLUB**

Thank you for all the interest expressed in the possibility of a TaeKwonDo club starting in Tilba. The club is on hold with a decision to be made in mid October. I’m waiting for the paperwork before I can get started, but there is also a possibility I may need to go to Melbourne for a further year of training before starting the club. But I will keep you informed. In the meantime have a look at the website www.ilyotaekwondo for more info about TKD and the club in South Australia. This year the National TaeKwonDo Championships are being held at the Australian Institute Of Sport in Canberra on the 17th and 18th of September. It is an amazing event with the best athletes from each state competing for points towards a place on the Australian TaeKwonDo team. We will be there with four students from Ilyo representing South Australia in competition sparring. It is well worth a look if you wish to gain more of an idea about competitive fighting and form-work. Competition is only one aspect of TaeKwonDo, form-work, fitness and self defence are the other major components. Our main focus is a holistic approach to fitness, diet, self discipline, self esteem and respect. Please feel free to call if you have any questions, Zoe 44737653

**NAIDOC** - ‘Closing The Gap’ Sports Day. This Saturday, July 30th, 10.30am, Gundary Oval, Moruya. Bring your kids for a fun day. Opening by Major Thomson. Barbecue, prizes and a raffle with a painting from Aunty Coop (Georgina Parsons) as a prize.

**‘OUR GENERATION’** - The ground breaking new documentary on Aboriginal rights. Screening at Narooma Cinema on Monday, August 15th at 7.30pm. Entry $15 with half of the proceeds going to the Wagonga Aboriginal Lands Council. For more information phone 4476 2352 or email naroornacinemas@bigpond.com. Watch the trailer at www.ourgeneration.org.au.

**ARE YOU FINDING YOUR CHILD’S BEHAVIOUR DIFFICULT TO MANAGE?**

- Does your child have special needs?
- Is your child between 3-9 yrs of age? And
- Do you live in Australia?

Be one of the first people to try out an exciting new online tool - Behaviour Skills Builder. This is a free program brought to you by the Raising Children Network, Australia’s award winning parenting website. The program can be done online in your own time and only takes 30 minutes each week for 6 weeks to complete the online component. You will be able to: 
- Gain a better understanding of why certain behaviours occur; 
- Tailor a plan specifically to suit your child; 
- Try out strategies with your child in between online sessions. To participate and find out more contact behaviourskills@parentingrc.org.au or call 03 8660 3500. Visit the website: www.raisingchildren.net.au.

**LITTLE ATHLETICS IN NAROOMA**

If you are interested in your child participating, please phone Kylie McLaren on 0427 764 940. Little Athletics will run from September to March.

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**NAROOMA COMMUNITY NEWSLETTER**

Please note: the NSW Department of Education and Training does not endorse any product or service advertised in this newsletter.

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**UNIFORM ORDER**

Is attached to this newsletter. Please send in any orders by Friday, August 5th. Please note that the form has been altered slightly in order to serve as a tax receipt when fully paid and stamped by the P&C Treasurer. This is a good opportunity for those children who appear to be continually missing their hat, to get a new one!!!